



Team Building Itinerary Corrán Tuathail, McGillicuddy Reeks

Team building over the wildest landscapes in Ireland

**Corrán Tuathail/McGillicuddy Reeks (Traverse of Ireland's highest mountain)
the Black Valley and the Killarney Lakes and National Park**

Trek: Corrán Tuathail...with options to climb, abseil and zipline at the highest lake in Ireland (Via Coimín Uachtarach...O'Shea's Gulley and then west over Cathair and Graighin... to the head of the Black Valley).

Descend into the Black Valley for a gourmet slow food picnic

Mountain Biking

From the western end of the Black Valley along the valley floor to the headwaters of the Killarney Lakes.

Canoeing

The Gaortha Mín river and placid waters of the Upper Lake to the Newfoundland Bay and the Ring of Kerry Road. (10 mins transfer to Killarney)