



## Team Building Itinerary Valentia Island - Ring of Kerry

Transferring via the Ring of Kerry to Valentia Island and lunch at a spectacularly located café and presentation of the day's programme.

### **Orienteering/Trekking...including Ropes**

An orienteering course designed to take participants over the rich landscapes of Valentia, linking places of cultural and natural history and importance and taking in a rock climb, abseil or zip-line on black Atlantic sea-cliffs. (Valentia Lighthouse & Zip-line)

### **Mountain Biking**

From the highest point on the island of Valentia – 'a spectacular downhill mountain bike ride ending at the village of Portmagee.

### **Rib Ride**

A high speed ridged-hulled inflatable boat thrill in the Valencia Harbour and exploring the incredible natural and cultural history of this coastline of Ireland; sea birds, sea caves, whales, seals, sharks, monastic islands ...finishing at Renard Point.

### **Horse Riding**

Trail and beach horse riding at Derrynane and Abbey Island.