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DECLÉOR  
PARIS

SKIN · BODY · MIND

## I created Decléor 40 years ago

With one simple mission – to pass on my passion to ensure respect and success in the ‘beauty expert’ profession. With a determined vision – to establish a fundamental, energetic technique for the benefit of women, treatments and care using the infinite resources of the botanical world. With an authentic philosophy – feeling well in body, mind and skin.

This mission, vision and philosophy remain as important to me today as they were on the day I created Decléor. Decléor’s new profession of faith ‘SKIN • BODY • MIND’ is not a mystical hook. It is value added to our initial declaration, the continuation of a 40-year-old authentic philosophy which is more in keeping with the times than ever. It gives me great pleasure to share Decléor’s rebirth with you – surrounded by motivated, skilled experts, with above all a joy in sharing ideas and convictions with audacious partners: YOU.”

Solange Dessimoulie  
Beautician & Ambassador of Decléor

# thermal suite



## Gulf Stream Hydro Therapy Pool

Our gulfstream hydrotherapy pool is an unforgettable experience and is at the heart of all our treatments.

This truly indulgent water therapy leaves you relaxed and free of aches and tension. Ease your way through the warm water to the submerged aerated lounger. Submerged multi-level jets of water massage key points of the body.

A large 'swan neck' gives that finishing touch to ease muscle tightness in the neck area. This is a lovely therapy to enjoy alone or with a partner. Ideal to warm up the muscle, break down toxin build up or simply drift away in a unique environment. Complete your hydrotherapy experience with one of our signature sorbets to harmonise body, mind and soul.

Bathing suit required.

## Earth, Fire and Water Serail Therapy

Step into this dedicated space and prepare to emerge with an altered reality.

Body boosting, detoxifying and skin brightening, this journey is all about the self: it begins as you enter a cosy relaxation space lit by an open fire; slip out of your robe before entering the earthspace, the inner chamber where a collection of conditioning fossil muds await. A sequence of dry heat, essential oil infused steam and light therapy fills the room as you apply the muds, relax into a lounger, let your pores open and your mind become at peace.

Before coming back into the world, take a private shower in the pod and slowly re-adjust in the relaxation space. We recommend that you indulge in this ritual as often as you can throughout your stay. The experience can be enjoyed on your own or with a partner.

**Duration 60 minutes | €75**

Bathing suit optional. \*Pre booking is advised for this therapy.



## signature therapy

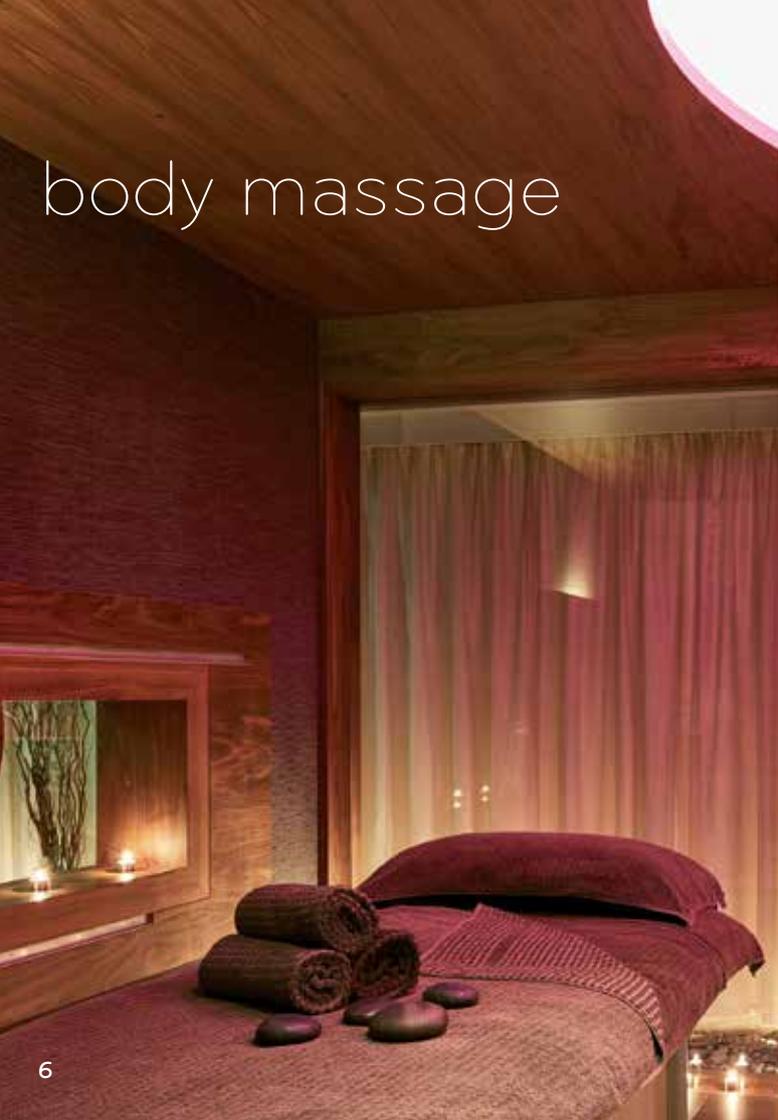
### Signature Aromatherapy Hot Stone Massage

Divine heated stones relax away muscle tension and strains.

The most blissful way to soothe body and mind, stress doesn't stand a chance against this divine hot stone massage. Your personalised sensorial journey relies on the therapist's intuitive touch in harmony with smooth, heat-releasing stones. Individually shaped, these magical stones help release tension, soothe aches and rebalance energy levels; the use of luxuriously melting Aromatic Balms ensure skin emerges soft as silk too.

**Duration 60 minutes | €110**

# body massage

A photograph of a spa treatment room. The room has a warm, wood-paneled ceiling and walls. In the foreground, a massage table is covered with a dark red blanket and several rolled-up towels. A few dark, smooth stones are placed on the table. In the background, a window is covered with light-colored curtains, and a small table with lit candles is visible. The overall atmosphere is calm and relaxing.

## Aromatherapy Body Massage

Heavenly full body Aromatherapy Therapies.

Everyday stresses and strains simply disappear with our heavenly Aromatherapy Massage to either relax, refine, tone or stimulate. The incredibly soothing sensation of the Warm Aromatherapy Balms, expertly blended from an exquisite elixir of natural Essential Oils, melt away tension and ease stress for renewed energy and velvety skin.

**Duration 30 minutes €55 | 60 minutes €89 | 90 minutes €110**

## Deep Tissue Muscle Energiser Massage

Banishes tight muscles with deeply therapeutic massage techniques.

Powerful, deep and strongly rhythmic movements make this customised massage pure therapy for body and soul. Created to alleviate stress deep down and release the discomfort of aching muscles (whether through fatigue or stress), 100% natural, Decléor Essential Oil. Balms actively work with your body to release localised areas of intense tension. Leaves your mind feeling less cluttered and muscles intensely relaxed.

**Duration 30 minutes €55 | 60 minutes €89 | 90 minutes €110**



# introductory facial rituals

## Glow Power Booster

A power booster facial to awaken skin and senses.

For instant refined and flawless skin, this power packed facial awakens even the most tired of complexions in the shortest of times. Exquisite massage techniques revitalise the mind and body whilst the powerful infusion of Essential Oils in the Hydrogel mask leave the skin with an airbrushed luminosity and as fresh as the morning dew.

Duration 30 minutes | €65

## Express Energising Face Ritual (Only for Men)

Time saving and face saving.

The high-speed solution to re-energise skin, this half hour anti-ageing therapy can be slotted into the busiest diary. Developed to re-charge and revive skin instantly, it includes thorough exfoliation and revitalising massage to give tired skin a lease of new life. Leaves every skin type clear and fresh thanks to highly potent Clove Oil. Every busy man's key to better looking skin.

Duration 30 minutes | €65

## Vital Eyes

Anti-ageing and visibly plumping for a smoother eye zone.

Delicately nurturing the most sensitive and delicate part of the face, this specialised therapy is fatigue-fighting, moisture quenching and wrinkle smoothing. Decléor's unique toning eye technique stimulates micro-circulation, anti-ageing eye mask also decongests and de-puffs. Leaves even contact lens wearers, hay fever sufferers and smokers with a dramatically brighter, younger looking eye zone.

Duration 45 minutes | €75

# expert facial rituals



Decléor's holistic facials are famous worldwide for their heavenly feel and simply stunning results. Every therapy begins with the unique back diagnostic massage; utterly relaxing for you and a wonderful insight to your therapist into your overall state of health – and therefore your precise needs. The use of expert massage techniques and 100% pure, preservative-free Essential Oils address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.

## Ultimate Vitamin Glow

Award-winning vitamin facial to leave your skin visibly radiant.

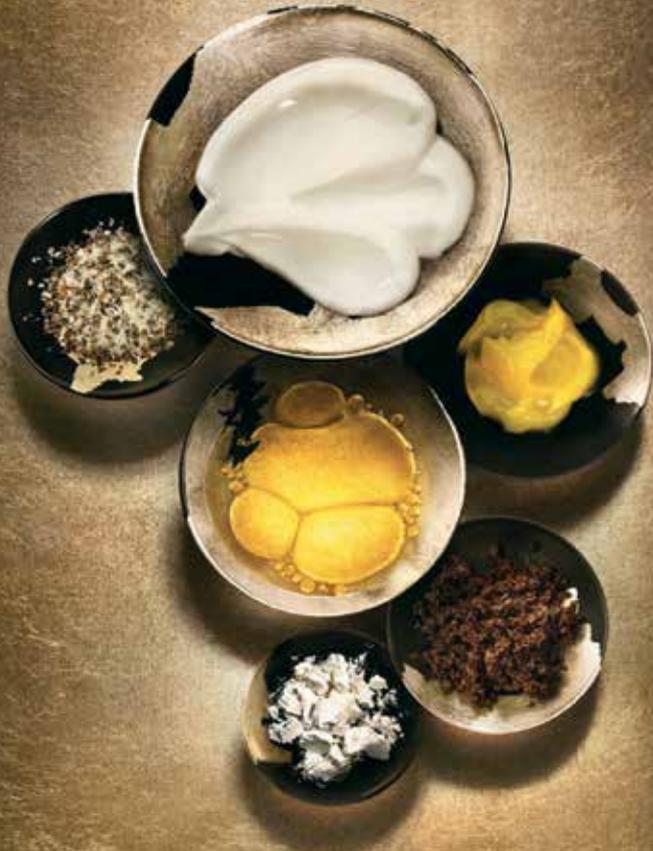
This internationally renowned, multi-award winning facial is power-packed with vitamins and anti-oxidants. Stress simply melts away thanks to five deeply relaxing massage techniques and the ideal rebalancing aromatic elixir for your complexion. Our deliciously warm and decongesting mask softly cocoons skin, providing the perfect environment for it to flourish. Skin is left deep cleansed, perfectly replenished and glowing with vitality.

Duration 60 minutes | €89









## body exfoliating envelopments

Tailor-made cocooning full body envelopments. Each envelopment comprises three key elements - exfoliation, body mask then scalp and back massage. Offering total pleasure and comfort. Expertly tailored to your specific needs.

## Lemon & Mango, Firm & Tone

Tightening, sculpting and smoothing.

This collagen-boosting body envelopment tones slackened skin, repairs sun damage and helps improve the look of stretch marks. Potent radiance enhancers Immortelle, Lemon and Frankincense Essential Oils work to erase the appearance of imperfections and strengthen skin whilst also combating wrinkles. Deliciously nourishing, this sculpting envelopment hydrates and moisturises too, improving hydration levels for radiant, firm and soft skin all over.

Duration 60 minutes | €89

## Anti-Fatigue Citrus Energy Boost

Energising and revitalising to improve circulation.

Aches, pains and tiredness melt away with this super-stimulating therapy. The antidote to poor circulation, the refreshing full body envelopment eases aching muscles and fights fatigue. Ideally suited to those who enjoy sport and or an active lifestyle, this warming zesty treatment also ensures cold hands and feet become a thing of the past. Revitalising Essential Oils of Lemon, Pepper and Cypress for total comfort all over.

Duration 60 minutes | €89

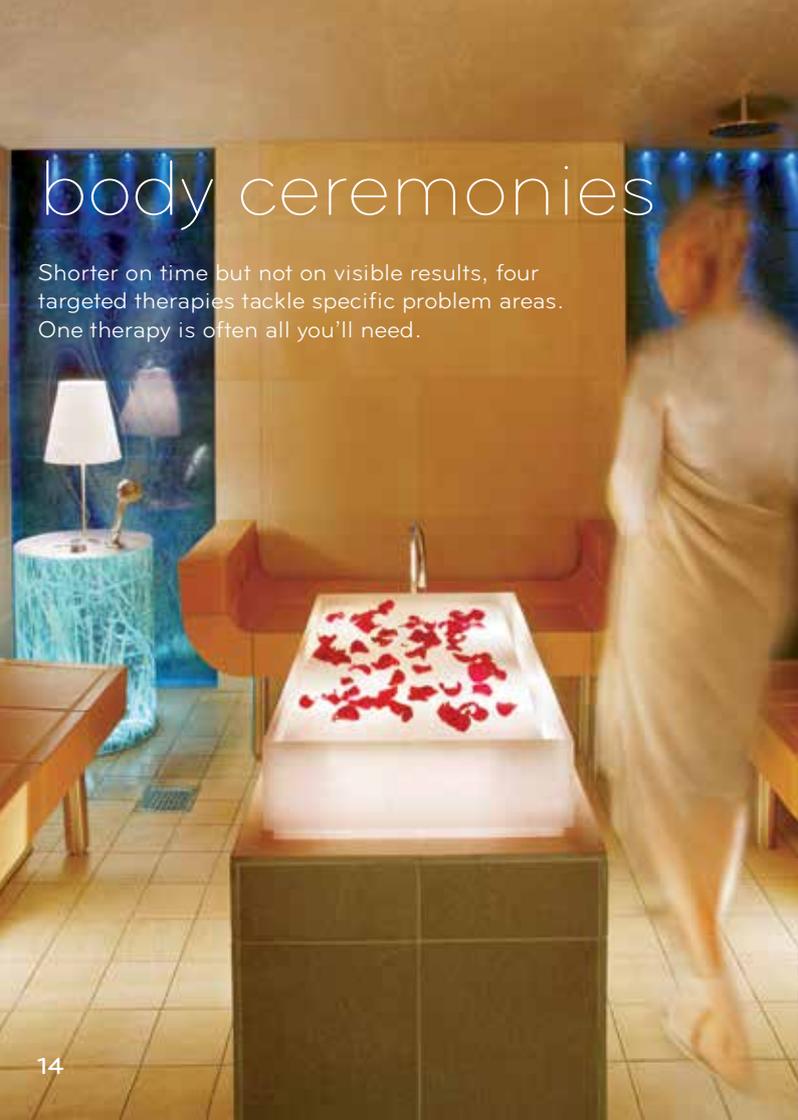
## Vanilla & Ylang Ylang Relaxing Hydration

Intensely calming and nourishing for super soft skin.

Banish stress with this cocooning and warming relaxation envelopment. Developed to improve wellbeing by relieving stress and unloading busy minds, indulgent self-heating ingredients actively help reduce tension and stress. The perfect therapy for anyone with a hectic, demanding lifestyle who finds it hard to switch off, this sublimely relaxing envelopment includes deliciously soothing Vanilla as well as brightening Papaya Extract to leave skin satin smooth.

Duration 60 minutes | €89





# body ceremonies

Shorter on time but not on visible results, four targeted therapies tackle specific problem areas. One therapy is often all you'll need.

## Cleansing & Purifying Back Therapy

Decongests and brightens for a beautiful back.

A facial for your back! Following our unique back diagnostic massage to relax and release blocked energy, a skin-brightening exfoliation re-oxygenates skin while targeting spots, blackheads and general congestion. Essential Oils and Plant Extracts help rebalance and control oil and moisture levels. Essential pre-wedding and holidays, it transforms skin to super-smooth and velvety to touch.

Duration 30 minutes | €65

## Tranquility Scalp Therapy

Intensively relaxes to ease tension and aid sleep.

Deeply relaxing, this blissful scalp therapy incorporates a pressure point massage to banish tension and encourage a good night's sleep. With stimulating and purifying Eucalyptus, Pepper and Rosemary - plus calming Lavender Essential Oils - it gives immediate results. With the option of including an exfoliation to target flakiness and styling product build up it also purifies the scalp and conditions hair. Simply serene.

Duration 30 minutes | €55

## Soft Hands

Restoring and renewing for supple, younger looking hands.

Indulgently rich moisturising products combine with skin smoothers and soothers to nurture hard-working hands. The perfect remedy for dry and damaged skin, this conditioning therapy works to nourish and restore split cuticles and hang nails plus strengthen weak, brittle nails. Includes a delicious hand and arm massage to leave you feeling ultra relaxed and pampered. Superbly restorative after nail extensions.

**Duration 30 minutes | €55**

**Optional with file & polish 60 minutes | €70**

## Soft Feet

Transforms dry, cracked skin to velvety smooth.

Tired, sore feet are lovingly conditioned and nourished in this luxuriously comforting therapy. Focused on restoring dry, cracked heels to smooth and silky, purifying and hydrating ingredients target any rough areas, including callouses. Aching feet and calves are also soothed thanks to a divine leg and foot massage. Skin is left polished, velvety and beautifully supple making it the ideal pre-holiday or post-party ritual.

**Duration 30 minutes | €55**

**Optional with file & polish 60 minutes | €70**

## Radiant Mum 2 Be

Safe and nurturing pregnancy ritual, suitable for pregnancies over 12 weeks.

Pregnancy can take its toll on your body so relax and let a highly trained therapist safely and gently treat you to a truly nurturing experience. This blissful face and body therapy includes a comforting tummy mask that actively helps reduce the risk of stretch marks plus draining massage to reduce water retention thus lightening 'heavy' legs. A skin-brightening facial ensures you look as glowing as you feel.

**Duration 75 minutes | €99**

## New Mum Indulgence Treat

Luxurious and pampering to regain balance after baby arrives.

Our new post-natal therapy takes care of you top-to-toe. Deeply relaxing, this face and body treat utilises Decleor's most sumptuous, replenishing products to help ease backache, improve fluid retention and combat fatigue. A divine draining massage soothes tired legs and an over-tired body and mind, while an illuminating facial improves skin tone and elasticity, helping new mums re-energise to feel like themselves again. Leaves skin as soft as your newborn's.

**Duration 75 minutes | €99**



## CARITA SPA

Bespoke hands-on therapies for the face and body, combining a sublime exfoliation with sensational massage techniques for intense relaxation and incredibly youthful looking and radiant skin.

## CINETIC™ LIFT EXPERT (CLE)

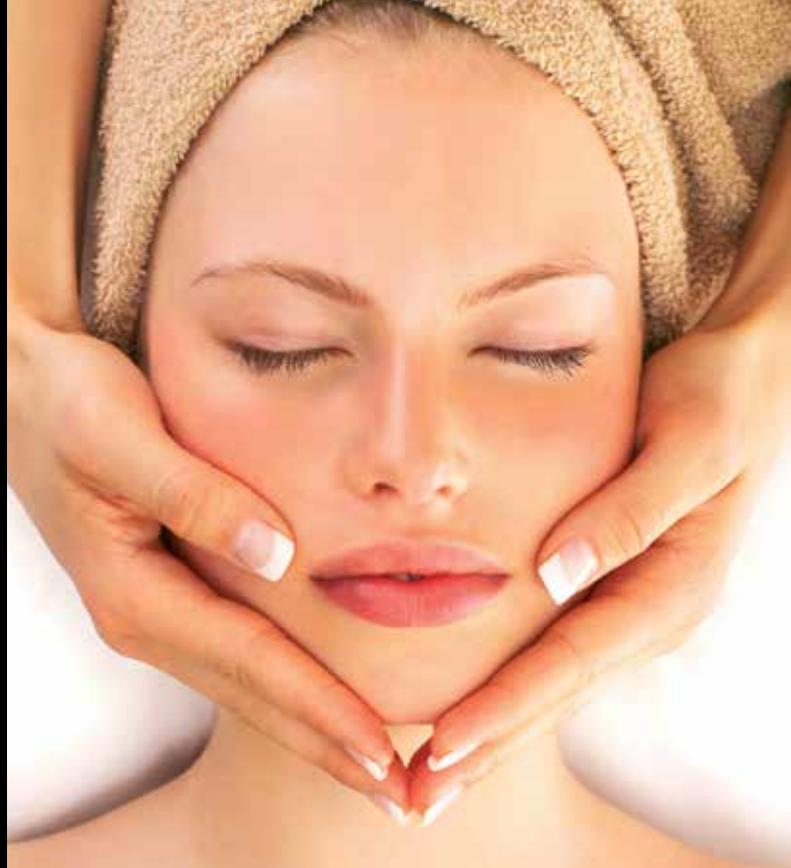
The exclusive combination of Micro-currents, Ultrasound and LED futuristic technologies, for dramatical visible results after just one therapy. Tailored expert solutions dedicated to individual skin concerns, CINETIC™ therapies truly deliver our ultimate results in correcting, lifting and firming effects.

## RÉNOVATEUR

Created by the CARITA sisters in 1956, Rénovateur is applied to all elite CARITA therapies to optimise the benefits. Its secret: a unique texture based on a subtle blend of sunflower seeds and precious essential oils, to refine the skin, stimulate surface cell regeneration and reveal an incredibly soft radiant complexion.



**CARITA**  
PARIS



## facial tester rituals

### Precious Diamond Experience Taster

Therapy duration with Cinetic Lifting Expert\*: 45 minutes | €110  
Therapy duration hands on: 30 minutes | €95

### Gold Perfection Experience Taster

Therapy duration with Cinetic Lifting Expert\*: 45 minutes | €85  
Therapy duration hands on: 30 minutes | €70

### Anti-Aging Experience Taster

Therapy duration with Cinetic Lifting Expert\*: 45 minutes | €80  
Therapy duration hands on: 30 minutes | €65

### Ideal Solution Experience Taster

Therapy duration with Cinetic Lifting Expert\*: 45 minutes | €80  
Therapy duration hands on: 30 minutes | €65

\* Contraindications applies, please ask on booking.  
Pre-booking is advised.



# anti-aging

## Genesis of Youth Facial Revitalising Toning Care

A deeply relaxing rejuvenating therapy combined with the renowned youth boosting cares containing Vernonia plant active ingredient to ensure intensive revitalising results. Immediately the skin appears visibly firmer, radiant and shimmering with youth.

**Therapy duration with Cinetic Lifting Expert\*: 90 minutes | €120**  
**Therapy duration hands on: 60 minutes | €110**

## Supreme Wrinkle Solution Facial Precision Anti-Wrinkle Care

This comprehensive anti-wrinkle therapy offers a multi-dimensional action, to conquer the appearance of all types of wrinkles. The skin is left luminous, radiant, visibly rejuvenated and glowing with health.

**Therapy duration with Cinetic Lifting Expert\*: 90 minutes | €140**  
**Therapy duration hands on: 60 minutes | €115**

## L'Homme Ideal – Men's Facial Ultra - Purifying Care

This facial, exclusively designed for men, delivers high performance products to help balance the skin leaving it matte, fresh and rested.

**Therapy duration with Cinetic Lifting Expert\*: 90 minutes | €140**  
**Therapy duration hands on: 60 minutes | €115**

\* Contraindications applies, please ask on booking.  
Pre-booking is advised.



ideal solutions

### Lagoon Hydrating Facial

Refreshing Replenishing Care - Dehydrated Skin

Dive into Polynesian water and give your skin a burst of moisture. Specially designed for dehydrated and tired skin, this therapy immerses the skin in a bath of freshness, leaving it radiant and hydrated.

**Therapy duration with Cinetic Lifting Expert\*: 90 minutes | €120**

**Therapy duration hands on: 60 minutes | €95**

### Papaya Purifying Facial

Balancing Matifying Care -Combination to Oily Skin

Infuse the skin with Papaya extract and rediscover the freshness of a matte and luminous complexion. Pores are refined and the skin is purified to leave it fresh, even-toned and smoother.

**Therapy duration with Cinetic Lifting Expert\*: 90 minutes | €120**

**Therapy duration hands on: 60 minutes | €95**

### Cotton Softness Facial

Tender Smoothing Care - Sensitive Skin

Regain skin comfort and softness with Cotton extract to soothe away imbalances. Specifically designed for sensitive skin, this “cocooning” therapy will restore the skin and leave it soothed, more comfortable and perfectly harmonised

**Therapy duration with Cinetic Lifting Expert\*: 90 minutes | €120**

**Therapy duration hands on: 60 minutes | €95**

\* Contraindications applies, please ask on booking.

Pre-booking is advised.



## face rituals

### Precious Diamond for Eyes Therapy

With a Fusion of Plants and Diamonds to rejuvenate the eyes.

A powerful luxurious eye therapy to visibly reduce the appearance of fine lines and wrinkles as well as target dark circles and puffiness. Transform and reawaken the eye contour with a new lease of sparkle. Eyes appear visibly refreshed and smooth.

Therapy duration with Cinetic Lifting Expert\*: 45 minutes | €110

Therapy duration hands on: 30 minutes | €95





## Ultimate Experience Precious Diamond Facial

With a Fusion of Plants and Diamonds to stimulate cell renewal.

This exquisite luxurious therapy uses unprecedented products which contain a fusion of plants and Diamond to stimulate cell renewal and prolong the appearance of the skin's youth with a new lease of life. Intensely transformed, skin feels deeply regenerated and visibly radiant and firmer, with supreme clarity and luminosity. A truly unforgettable experience.

Therapy duration with Cinetic Lifting Expert\*: 90 minutes | €250  
Therapy duration hands on: 60 minutes | €180

## Gold Perfection Facial

With Mineral Gold to reawaken the skins' youthfulness.

Reawaken the skin's youthful appearance and recapture its vitality, with this truly radiance inducing Therapy which leaves the facial contours firmer and even-toned thanks to CARITA's bespoke anti-ageing massage techniques and Mineral Gold to leave the skin glowing.

Therapy duration with Cinetic Lifting Expert\*: 90 minutes | €150  
Therapy duration hands on: 60 minutes | €130

\* Contraindications applies, please ask on booking.  
Pre-booking is advised.

A woman is lying on her side, receiving a body massage. Her arms are raised, and her hands are resting on her head. The massage therapist's hands are visible, gently massaging her shoulder and upper arm. A string of white orchids is draped across the woman's back and shoulder. The background is a light-colored, textured wall.

# body ceremonies

## LED Refining & Firming Contour Therapy

Targeted Refining and Draining Care

A targeted refining body programme to visibly improve the appearance of skin quality and texture. Our exclusive CINETIC™ LIFT EXPERT combines three futuristic technologies: Micro-currents, Ultrasound, Luminotherapy and high performance formula to leave skin feeling firmer and toned for more defined looking skin contours.

Therapy duration with Cinetic Lifting Expert\*: 45 minutes | €105

## Soft Satin Skin Exfoliating Massage

Exfoliating and Energising Massage

This exquisite exfoliating therapy will leave your skin feeling nourished and smoothed, revealing its original beauty and leaving your skin divinely soft.

Treatment duration hands on: 45 minutes | €120

\* Contraindications applies, please ask on booking.  
Pre-booking is advised.



# spa etiquette

Our guidelines are designed to ensure that all of our guests are able to fully enjoy their spa experience. We ask that you reserve “time” for yourself rather than specific therapies when visiting the spa. An important aspect of relaxation is allowing time to do it properly and thus we recommend you allow a minimum of two hours for your spa journey.

## **Your appointment**

To maximise your experience, we ask you to arrive 15 minutes before your appointment. This time will be used for your personal consultation and for you to relax into our surroundings.

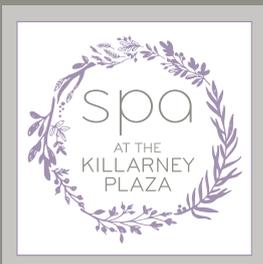
Some of our therapies may not be suitable for all clients; this will be determined in your pre-appointment consultation. Arriving late may interfere with your treatment and in some cases we may be forced to re-schedule your appointment. All appointments will end at their scheduled time so that the next guest will not be delayed.

Spa robes, towels and personal lockers will be provided on arrival. Services involving brow/lash tinting or waxing will require a patch test 24 hours prior to the treatment.

To preserve a peaceful atmosphere we request that all cell phones and pagers are switched off before entering the spa.

## **Your booking**

We require a minimum of 24hrs notice should you need to make a cancellation and a minimum of 48 hours notice for group of 3 or more. Unfortunately, cancellations made within 48 hours of your appointment will incur a fee of 50% of the treatment booked; cancellations made within 12 hours will be charged the full price of the treatment



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