The Regenerative Event Checklist

13 ways to make your next event regenerative and support the UN Sustainable Development Goals

### Consumption

1. **Reduce, reuse and recycle**
   - ...your waste, to encourage a more circular economy.

2. **Donate food**
   - ...and leftover materials. Which local charities could you support?

3. **Go digital**
   - ...to remove waste from your event. Could you use electronic signage and an event app?

4. **Use the right products**
   - ...and event swag. Make sure that they are not single-use, and have as little packaging as possible.

5. **Offset your emissions**
   - ...with projects that regenerate both nature and communities.

### Choice

6. **Choose a sustainable destination**
   - ...that can host regenerative events, and which can be travelled to using sustainable transport.

7. **Choose a venue that sources clean energy**
   - ...can recycle waste, and has easy public transport access.

8. **Choose local, sustainable suppliers**
   - ...and materials. Check if they are sustainability certified.

9. **Choose sustainable food**
   - What can be served in bulk? Can your caterer prepare delicious vegetarian meals?

### Communication

10. **Empower attendees**
    - ...to bring their own water bottle and conference bag. Also, collect accurate numbers of attendees to reduce avoidable food waste.

11. **Measure your impact**
    - ...on the environment and society, and report this to delegates, your stakeholders, and the public.

12. **Educate exhibitors**
    - ...on how they can contribute to creating a more regenerative event. Can you award best practices?

13. **Be transparent**
    - Share your sustainability policy, procurement policy, and relevant sustainability certifications with clients and on your website.

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